



Personal Safety and Social Responsibility

Duration: 2 Days

Entry Standard:

This course is mandatory for all seafarers serving on board sea-going ships.

Course Aim:

This course, called the Personal Safety and Social Responsibility, provides familiarization, basic safety training and instruction for safe working procedures, social responsibilities aboard Ship. It is based on the guidance on training in Section A-VI/1 of the International Convention of Standards of Training, Certification and Watchkeeping for Seafarers, 1978, as amended in 2010 (STCW 2010) and aims to meet the standards of competence in Section A-VI/1-4 of STCW 2010

Course Objective:

A student successfully completing this course and meeting the required performance standards will be able to identify potential areas of emergencies that may arise in the marine environment, whereby he can take effective steps to observe "Safe working Practices", to eliminate personal injuries and accidents. It will also help trainee to create a conducive atmosphere designed to boost humane/social relationship amongst shipmates. The institute should ensure this by effective monitoring the reliability and validity of the assessment system against the stated learning objectives.

Course Outline:

1. Observe safe working practices
 - 1.1 Introduction
 - 1.2 Importance of the course
 - 1.3 Ship familiarization
 - 1.4 Nature of shipboard hazards
 - 1.5 Groups the equipment provided onboard to counter these hazards
 - 1.6 Use and demonstration of PPE
 - 1.7 Lists operations that take place on board which can be hazardous
 - 1.8 Loading and unloading of cargoes
 - 1.9 Mooring and unmooring
 - 1.10 Enclosed spaces
 - 1.11 Hot work
 - 1.12 Working aloft
 - 1.13 Engine room watch keeping and maintenance





2. Contribute to effective human relationships on board ship
 - 2.1 International relationships
 - 2.2 Team building
 - 2.3 Team work
3. Understand orders and be understood in relation to shipboard duties
 - 3.1 Fundamentals of communication
 - 3.2 Methods of communication
 - 3.3 Barriers in communication
 - 3.4 Effective transmission skills
 - 3.5 Effective listening skills
 - 3.6 Effects and consequences of wrong communication
 - 3.7 Communication sum-up
4. Comply with emergency procedures
 - 4.1 Explains the term emergency
 - 4.2 Drills and muster
 - 4.3 Value and need of drills and Training
 - 4.4 Internal communication
5. Take precautions to prevent pollution of the marine environment
 - 5.1 Define the term pollution
 - 5.2 Effects of operational or accidental pollution of the marine environment
 - 5.3 International measures for pollution prevention, pollution avoidance and containment of pollutants
 - 5.4 Pollution by sewage from ships
 - 5.5 Pollution by garbage from ships
 - 5.6 Control of oil discharge from machinery spaces and oil fuel tanks
 - 5.7 Contents of Oil Record Book
 - 5.8 Control of discharge of oil and special areas
 - 5.9 Introduces the contents of AnnexVI of MARPOL
6. Contribute to effective human relationships on board ship(concluded) Social responsibilities
 - 6.1 Rights and obligation of crew
 - 6.2 Employment conditions, etc.
 - 6.3 Drugs and alcohol
 - 6.4 Health and hygiene on board
 - 6.5 Summing up
7. Review and assessment